

Workshop : Discovering a Mindful Stitching Practice October 26 - 28, 2018
Schweinfurth Memorial Art Center
www.christinemausersberger.com

Supply Fee:

\$15.00 payable to Christine Mauersberger in Class.

Supplies To Bring

1. Fabric that feels good in your hands & that is easy to stitch into. I like to use linen, but cotton, vintage cloth napkins, tea towels, and other vintage linens are nice.
2. Embroidery floss, thread, or perle cotton. Bring what you like to use. It can be 6 strand embroidery floss, or perle cotton. Please bring what you feel most comfortable using.
3. Embroidery needles, pins and a pin cushion I always find myself returning to the same needles and perhaps you do too. Make sure that the floss, thread, or perle cotton you use will fit into the needle's eye.
4. Scissors Embroidery scissors are nice for snipping small threads.
5. Embroidery Hoop. Bring if you use one. Size of hoop depends on your comfort. I generally use a 7" to 10" depending on what I'm doing. Maybe you don't use a hoop in your own stitching practice, and that is OK. Sometimes I do not either.
6. Sewing Essentials. Pin cushion. Whatever you like to have on hand for sewing: bees wax? pins, small notions for sewing, beads, buttons, or ribbon?
7. Thimble. Bring one if you use one.
8. Sketch book and pens/pencils Bring a sketchbook or loose paper, some pens and pencils. We will be doodling. NOTE: the following items are not required, but are a suggestion I usually travel with a "daily carry" : a glue stick, tape, small watercolor kit (or crayons), pencil sharpener, and a small notebook.
9. Samples of your own work. We will have an opportunity to share. Bring 2 to 3 samples of what you've done. Something you really like. We will not critique your work.
10. Chair cushion and water bottle
For me, it's all about comfort. If you think you might need a cushion or small back pillow, bring it.